

with GEORGE GEE'S JUMP JIVE & WAILERS!

from New York City

... a delicious buffet of sampling workshops, yummy dancing, and live music in Albany, NY



# Smorgasbord of Swing<sup>3</sup>



Now Bigger and Better!

JANUARY 5-7, 2007

## Prices

	by 12/31	after 1/1	students and DFO members
All-you-can-eat: <small>Includes all classes AND all dances!</small>	95	120	75*
All-you-can-learn: <small>Includes just the classes.</small>	70	90	55*
Individual classes	11	13	9*
Evening Dances		15	12
Saturday Latenight		10	8

\* these prices only valid until New Year's Eve!

## Locations

Friday Dance: Hibernian Hall, 375 Ontario St, Albany  
 All Workshops: Hibernian Hall, 375 Ontario St, Albany  
 Saturday Evening: TBA  
 Saturday Latenight: Malt River Brewing Co, Latham Circle Mall, 800 Loudon Rd, Latham

Directions will be available at  
[yellowpantsstudio.com/smorgasbord/](http://yellowpantsstudio.com/smorgasbord/)  
 or by calling (518) 376-7567

## Cooked up by:

Heather and Mike Coleman-Ibrahim  
 DanceFlurry Organization (DFO) (formerly HMTD)  
 Event Concept and Graphics: Yellow Pants Studio

REGISTER EARLY AND



Save a stamp...REGISTER ONLINE TODAY! [yellowpantsstudio.com/smorgasbord/](http://yellowpantsstudio.com/smorgasbord/)

Mail to: Heather Coleman, 107 Adams Ave, Cohoes, NY 12047

Please make check/money order payable to DanceFlurry Organization (see prices below)

I am a full-time high school or college student  
 I am a DanceFlurry Organization Member

**BEGINNER/INTERMEDIATE TRACK**  
 Jammin' with George   
 Musicality & Improv   
 Blues  lead  follow  
 Lindy  lead  follow  
 Put the Swing in...  lead  follow  
 Now it's Moving...  lead  follow  
 Keepin' the Groove  lead  follow

**ADVANCED TRACK**  
 Big Apple   
 Balboa  lead  follow  
 Blues & Lindy  lead  follow  
 Aerials  lead  follow  
 Faster!  lead  follow  
 Style & Attitude  lead  follow  
 Dynamic Dancing  lead  follow

## ALL LEVELS

I am registering for:  "All You Can Learn"  "All You Can Eat" (includes dances)  A la carte classes (circle one) 1 2 3 4 5 6

Email \_\_\_\_\_

Phone (optional) \_\_\_\_\_

Name \_\_\_\_\_

# REGISTRATION FORM

## FRIDAY WORKSHOPS **Hibernian Hall, 375 Ontario St, Albany**

### 7:30-8:30 **Learn to Swing (free!)**

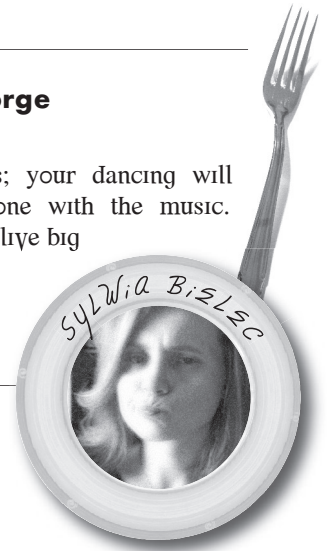
AMBER WOERNER AND JOHN LEONARD

A fun and easy basic class for anyone who's never tried swing before — or if you just want a quick refresher and a few cool moves before the band starts. Bring your non-dancing friends to this one and introduce them to your favorite hobby.

### 7:30-8:30 **Jammin' with George**

BEN OAKS-LEE & SYLWIA BIELEC

George Gee's music really swings; your dancing will too! Learn the art of becoming one with the music. A unique opportunity to learn with a live big band present.



## SATURDAY WORKSHOPS **Hibernian Hall**

### 10:45-1:10 **The Big Apple**

JOY AND MICHAEL DELANEY

Feeling left out of that crazy circle dance you keep seeing? Now you, too, can do apple jacks, spank the baby, and run into the middle with a great big cheer!

### 2:30-3:30 **Blues: The Art of Slow Groove**

SOLOMON DOUGLAS & JESSE HANUS

Learn to feel the rhythm or "pulse" inherent in Blues music and to use your body to emphasize this rhythm. It will cover basic steps, lead/follow skills, basic syncopations, turns, & dips applicable to a wide variety of music.

### 2:30-3:30 **Blues & Lindy: Making the Connection**

BILL BORGIDA & NOËLLE GRAY

This class will show numerous examples of how Blues gives us the lead and follow tools to add musical elements to our Lindy Hop vocabulary.

### 3:40-4:40 **Lindy Hop: The Secrets Revealed**

BILL BORGIDA & JESSE HANUS

Bill teaches basics like nobody else. This class will break down this challenging dance so that you'll really "get it." You'll learn the swingout and lindy circle, plus the connection secrets that make this dance work... and feel great!

### 3:40-4:40 **Aerials**

ADAM LAMONTAGNE & CAMILLE FONTANELLA

Learn to fly with the founders and choreographers of Crazylegs, one of the best regional performance teams.



### 7:45-9:00 **Balboa: It's Like Butter** MATT MANN AND MIRIAM IMPELLIZZERI

Have fun gliding around on your leather bottoms while learning the smoothest of the jazz-era partner dances. Enjoy a cozy embrace while dancing fast or slow without breaking a sweat.

## SUNDAY WORKSHOPS **Hibernian Hall**

### 11:45-1:00 **Put the Swing in the Swingout**

BILL BORGIDA & NOËLLE GRAY

After learning a basic swingout and circle you'll need to start building your vocabulary! This class will cover several variations to swingouts and Lindy circles and the pros and cons to each technique.

### 11:45-1:00 **Faster!!!!**

SYLWIA BIELEC & BEN OAKS-LEE

The tempo picks up and you sit yourself down? This class focuses on the basics of lindy hop at faster tempos and includes what to lead and how to follow it. Be ready to dance no matter what they play.

### 1:10-2:10 **Now it's Moving... Now it's Not**

SOLOMON DOUGLAS & NOËLLE GRAY

So, now you know some steps... This class will show you how to jazz them up! Explore body movement and isolations so you can express yourself and play with the music while still leading and following.

### 1:10-2:10 **Styling & Attitude**

SYLWIA BIELEC & MARC-ANDRÉ VACHON

Some people swing out and everybody swoons. This could be you, with a few helpful pointers and some simple yet smokin' ideas to integrate into your basic patterns. "It ain't what you do, it's the way that you do it."

### 3:30-4:30 **Keepin' the Groove**

BILL BORGIDA & SYLWIA BIELEC

Lindy Hop is not about moves, it's about movement. Learn the art of leading and following with momentum & flow.



### 3:30-4:30 **Gray's Anatomy of Dynamic Dancing** NOËLLE GRAY

Nothing feels better than a dance that breathes! This class will cover some of Noelle's favorite ballroomin' techniques... and ways to get your follow to relax and simply enjoy the ride!

### 4:40-? **Musicality & Improv — Live!**

BILL BORGIDA & NOËLLE GRAY, SOLOMON'S BAND

Explore rhythmical play and how to communicate musical interpretation through connection, both as a lead and as a follow. The dance becomes a dynamic musical conversation between lead and follow.

## DANCES AND PARTIES

THURSDAY **9:30-?** **Kick Off** Great DJ'ed tunes at the Fuze Box, 12 Central Ave, Albany. \$4.

FRIDAY **8:30-12:00** **George Gee's Jump Jive & Wailers** Capital Swing Dance. Hibernian Hall, 375 Ontario St, Albany. \$15/12.

**12:00-3:00** **LateNight Party** At Jen Brown's house. Private (registered participants ONLY).

SATURDAY **8:30-12:00** **Solomon Douglas Quintet** Venue TBA, StreetAddressTBA, Albany. \$15/12.

**12:30-4:00** **Gordon Webster Trio** Malt River Brewing Co, Latham Circle Mall, 800 New Loudon Rd, Latham. \$10/8.

